

NEWCOURT



news

Edition 13 • December 2018

For residents of: Great Woodcote Park • Greenacres • Holland Park
Old Rydon Ley • Old Rydon Lane (east) • Rydon Lawns • Rydon Place
Seabrook Orchards • The Fairways • The Rydons



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professional aerial photography
fly - capture - create

In this edition: Christmas events • News from Sandy Park • Gardening tips
Have your say! Getting involved in the community • Resident run activities & events

Chairman's letter



December 2018

Dear Resident

Community spirit is often overlooked these days; we can be too busy with our own lives to even know the names of our neighbours. However, when my family and I moved to Newcourt two years ago, we quickly felt at home.

It was this sense of belonging and community that attracted me to Newcourt Community Association (NCA). After seeing a request for volunteers, I became a trustee and joined others who want to help. With plans for a further 2000 homes in the immediate area, I would like to see us continue to grow into a thriving community and a great place to live!

This has been another busy period as, based on your feedback, the NCA continues to represent community interests. This has included active engagement with the Council, Ikea and other stakeholders, on important traffic, road and safety issues.

The recent petition regarding the Omaha Drive-River Plate Road corner has gained more than 500 signatures! With your support, we will maintain pressure on the local authorities to find an effective solution.

Newcourt Community Centre remains the hub for local events and activities. Whether you want to just pop in for a coffee at Café

Thursday, join others at the Wednesday morning Toddler group or take part in any of the classes, this facility has a great deal to offer.

www.newcourtcommunitycentre.com

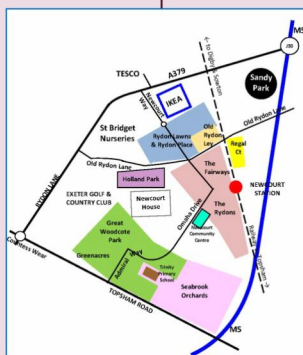
With the support of the Centre manager Hayley and her team, we also enable subsidised and free community activities and events from the funds raised by the business hire of the Centre.

The NCA will continue to support and represent us all, but we can't do it alone, we rely on generosity of volunteers - so we need your help.

There are lots of ways you can give support, either by helping with an event or perhaps you would like to become a trustee? Please get in touch. Anything you can do will benefit us all and help make the Newcourt community spirit flourish.

Lawrence Clinton
Chairman NCA

W: www.newcourtca.org.uk
E: trustees@newcourtca.org.uk



Newcourt Community Association

is an affiliation of residents who want to help make Newcourt a great place to live. And if you live here, you qualify to be part of it!

The NCA is a charity (CIO).

Trustees:

Lawrence Clinton *Chairman*

Paul Brady

Joanne Brown

Judy Cretney

Jonathan Draper

Maiteth Jones

Emmanuelle Regrain

Chris Sampson

NCA Officers

Ken Cretney *Treasurer*

Yvonne Russell *Minutes secretary*

To contact Trustees:

trustees@newcourtca.org.uk

Newcourt Community Association (CIO)

newcourtca@gmail.com

www.newcourtca.org.uk

Facebook • Newcourt Community

Sign up for regular email updates on issues relevant to living here. Contact newcourtca@gmail.com

Newcourt Community Centre

The Centre opened 4 years' ago. Hayley Toy is Centre Manager and there is a small staff team. The Centre is owned by the Council & leased to the NCA who ensures it pays its way.

Bookings: 01392 873560

[info@](mailto:info@newcourtcommunitycentre.com)

newcourtcommunitycentre.com

www.newcourtcommunitycentre.com

F • Newcourt Community Centre

Newcourt News Editor: Kate Arkell

Thank you to IKEA for printing Newcourt News.

ADVANCE NOTICE!

Newcourt Community Association CIO

Annual General Meeting

Tuesday 30th April 2019 7.30pm

Trinity School Vernon Crescent

All residents invited



Thank you to Neale Abbott for the cover photograph: neale@aeroplanviews.co.uk

Have Your Say!

<https://goo.gl/forms/CyasIVnFeOjv4aWb2>

When NCA Trustees know *your* views about our community, they can represent those views to the people who make decisions.

A great example is the petition concerning the safety of Omaha Drive/River Plate Road corner, and the fact that over 500 people have signed it. This has made

representations to the Devon County Council much stronger. Thank you to those who signed.

The latest **Newcourt Residents' Survey** is now ready and waiting



for you to make your voice and ideas count. Scan the QR code or go to 'Have your say' at www.newcourtca.org.uk or type

in the link above in your browser.

The survey won't take long and, whatever you say, your views will be kept anonymous. We hope to make the results known early in the New Year.

Thanks for taking part.

Jonathan Draper
on behalf of the NCA Trustees

Carols & Celebrations



Aerial photograph by neale@aeroplanviews.co.uk

**CAROLS
are
HERE!!**



Can you HELP bake a cake; source a raffle prize; help set-up/clear up; help with refreshments; raffle? judy.cretney@talktalk.net



CHRISTMAS PARTY!

**SATURDAY
15th December
1pm-4pm**

**Newcourt Community
Centre**

**mulled wine & mince pies •
stalls • face-painting • santa's
grotto • children's craft •
raffle**

Trinity at Clyst Heath School

- **Sunday 16th December**
6.30pm • Carols by Candlelight
*with Digby & Newcourt Community Choir
followed by mince-pies & mulled wine*

Trinity at Trinity School

- **Sunday 23rd December**
9am • Morning Carol Service
6.30pm • Carols by Candlelight
*with Digby & Newcourt Community Choir
followed by mince-pies & mulled wine*
- **Monday 24th December Christmas Eve**
2.30pm • Carols for all ages
- **Tuesday 25th December Christmas Day**
9am • Celebration for all ages
with short communion

CAROLS at IKEA

**Wednesday
12th December
at 6pm in the restaurant**
Why not come earlier to eat?

**Carols accompanied by
The Salvation Army Band**

Including a special carol from
Trinity Primary School Choir with
Digby & Newcourt Community Choir

organised by local residents

Buying presents?!

I don't know about you, but buying Christmas presents stresses me out.

Christmas shopping tends to be left to the last minute for this very reason. 'What would she like?' ... 'What's a suitable budget?' ... 'What size should I get?' ...

The best giver has to be God, and here are five tips we get from his great gift at Christmas. A gift should...



1 ...show love

A gift which makes the other person know you love them is the most memorable gift he/she receives.

2 ...be relevant

Don't give a cheese-board to a vegan.

3 ... be costly

Budgets matter! But it's not cool to spend more on yourself. The closer the person the more costly the gift.

4 ... be thoughtful

Cost isn't everything. The present which cost money without thought may not be valued. But a present which cost nothing but was thought about can be valued much!

5 ... have no strings attached

Holding out a present with one hand and waiting to get one back with the other is really a trade deal. A present must be given, not waiting for a return on your investment, but purely to enjoy the other persons joy.

At the first Christmas, God showed us his love by sending, not just a message, but his very Son. His gift was relevant, because he came to live with us; was costly, because Jesus gave up his life for us. God's

gift of Jesus was thoughtful - on the cross Jesus was thinking of you. And his gift has no strings attached. Will you receive the gift?

Phill Brokenshire - curate Trinity Church

Café Thursday



Floristry, card-making, board games, refreshments, toy car racing, laughter... these and other activities are on offer!

At Café Thursday you will find a warm, friendly and relaxed atmosphere to meet new people, catch up with friends, or learn a new skill. Everyone is welcome and there is no charge.

There's an area for knitting and crochet, and newcomers are very welcome, regardless of their level of skills. So far, we have made scarves, blanket squares, animals and bags. We have materials for beginners and helpful one-to-one learning sessions for new stitches and designs. This month we will be

doing some Christmas crafts.

Laptops are available for job searching, writing CVs and covering letters. A team of volunteers are here to help with any of your other IT needs.

There are Board games to play - or bring your favourites!

We have toys for toddlers & babies. Note that *children must be accompanied by an adult.*

"When I arrived, everyone was friendly and welcoming. Newcourt Community is lucky to have this opportunity."

Newcourt resident

Café Thursday runs between **10am and 12noon** at Newcourt Community Centre every week,

FREE **CAFE THURSDAY**

.....

EVERYONE WELCOME EVERY WEEK 10AM - 12NOON

.....

GAMES, CRAFTS FREE REFRESHMENTS IT, JOB SUPPORT KIDS PLAY AREA*

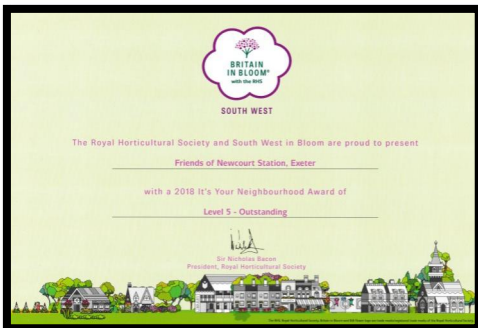
.....

NEWCOURT COMMUNITY CENTRE
EX2 7FN
01392 873560

*CHILDREN MUST BE ACCOMPANIED BY AN ADULT

and is open to all, whatever age.

We serve tasty refreshments too - fruit, toasties, biscuits, great coffee, tea and squash, with gluten free and vegan options available.



Congratulations to Trevor Parker (who looks after Newcourt Station) who was awarded Britain in Bloom Level 5 - Outstanding Award again this year.



Community Garden

Raspberries, pak choi, tomatoes, swiss chard, strawberries, and much more have been grown in the community garden this year. The first garden produce sale took place in August.

There are ten plots behind the Community Centre, for residents to grow vegetables, fruit and flowers. And it's FREE! So if you are interested in a plot, please get in touch.

judy.cretney@talktalk.net

Important notice to residents in Persimmon homes

A Newcourt resident in Trafalgar Road discovered that fire resistant cavity barriers were missing in their house and this was confirmed by NHBC. Persimmon has completed the remedial work; and has also written to all 88 properties built at a similar time in that area, to offer a roof-space inspection, and remedial work if necessary.

If your house is a Persimmon build anywhere in Newcourt, and you would like further information, contact: Marie Chapman, Persimmon Customer Care Co-ordinator 01392 285409

NEWCOURT'S COMMUNITY LITTER PICK

Last Saturday of the month Meet at Community Centre 11am

Come for a short while or longer... Litter picks, bags, children's hi-vis vests & gloves provided. Children welcome with parent.

Followed by cake, biscuits and drinks at 12.30pm at the Centre.

For residents of Greenacres, Great Woodcote Park & Seabrook Orchards: if you would like to cover your area, please contact judy.cretney@talktalk.net

Gardening tips • St Bridget Nurseries

'As the days get shorter and colder, winter is the time for keeping everything warm - including your plants', says Tammy Felton.

If you have any tender plants - those that will be killed by freezing temperatures (the opposite of hardy plants), think about moving them into a conservatory, or greenhouse, or protecting plants from frost by covering them in horticultural fleece at night. You can put bubble wrap around your garden pots to help keep roots warm and prevent pots from cracking.

If you have a greenhouse, check that your heaters are working. And don't forget to check your outdoor

taps too, and consider buying a polystyrene tap cover; they are far cheaper than a plumber!

Making your garden colourful in winter is achievable with winter bedding plants like hardy garden cyclamen, or winter pansies and violas. These plants look fantastic in colourful pots positioned by the door for a joyful welcome.

If you are having a real Christmas tree this year, keep it outdoors for as long as possible to prevent needle drop; and keep

it standing upright.

Cut trees last longer if you stand them in a bucket of water, so choose a stand that has a large water reservoir. It is also best to saw a couple of inches (5-7cm) off the bottom of your tree to give a new cut that will soak up water better than an old cut.

If you want the needles to stay on for Christmas, avoid placing your tree near a radiator or fire.



Sandy Park

It has been a busy start to the season on and off the field at Sandy Park. And the New Year looks to be equally exciting with games aplenty and a plethora of events coming up at Sandy Park Conference & Banqueting Centre.

Exeter Chiefs began the new 2018/19 campaign in fine form, and a number of the Chiefs' first team stars have been named in squads for the Autumn Test matches.


Off the field, plans for the exciting, new £25 million Sandy Park Hotel have been approved by Exeter City Council. The state-of-the-art, eight-storey hotel on Old Rydon Lane will house 250 bedrooms and provide leisure facilities on the ground floor, as well as a rooftop cocktail bar and restaurant with views of the River Exe Estuary.

Coming under the *Courtyard by Marriott* brand, the four-star facility will have an impressive glazed bridge link to Sandy Park, an extensive reception area, open plan bar, coffee bar and lounge.

Exeter Chiefs' Chairman, Tony Rowe, OBE said: "For a number of years, Exeter has had a need for a good four-star hotel within the city. We have got some very nice hotels and some budget hotels, but there's been a growing need for something like the Sandy Park hotel.

"With the growing success of Sandy Park, it became apparent that a facility of this type was needed to run alongside the business. We feel the new hotel will not only enhance the amenities here at Sandy Park, but in the city of Exeter as a whole."

As well as the build of the hotel, the Rugby Club have paid £40,000 for a Road Traffic Order, to ensure that local residents will have minimal interference from Hotel guests.



EVERY MOMENT

EVERYONE COUNTS

EXETER CHIEFS 2018/19 HALF SEASON TICKETS FROM LESS THAN £25 PER GAME

The perfect Christmas Present

WWW.EXETERCHIEFS.CO.UK

INSTALLMENT PLAN AVAILABLE

CHIEFS FIXTURES *

| Date/kick-off | Match |
|----------------------------|----------------------|
| Saturday 8 December • 1pm | Chiefs v Gloucester |
| Saturday 22 December • 3pm | Chiefs v Saracens |
| Saturday 5 January • 3pm | Chiefs v Bristol |
| Sunday 13 January • 1pm | Chiefs v Castres |
| Saturday 23 February • 3pm | Chiefs v Newcastle |
| Saturday 23 March • 3pm | Chiefs v Bath |
| Saturday 13 April • 3pm | Chiefs v Wasps |
| Saturday 27 April • 3pm | Chiefs v Harlequins |
| Saturday 18 May • 3pm | Chiefs v Northampton |

* All fixture dates and kick-off times are subject to change.

Heineken Champions Cup Gallagher Premiership

Christians in Newcourt

Different months, different activities • could be lunch on a Sunday • an early morning or evening hour to pray for our community • or Sunday afternoon tea.

If you live here and would like to come along, whatever church you go to, you would be very welcome.

contact Alex **875933** paulandalexandra@live.co.uk

How Sandy Park Hotel will look, heading west along Old Rydon Lane, viewed from the motorway bridge. Sandy Park is on the right.

Building is scheduled to start by early 2019.



Introducing Helen Moore

Helen is Newcourt's Community Builder and her role involves listening to residents and encouraging new connections - which could be getting to know a neighbour, taking part in an activity or helping at an event.

You can contact Helen by email: newcourtcg@gmail.com phone 07966 992393; or on facebook: NewcourtCB



Give Helen a cheery 'Hello!' if you see her around the community.

Community Builders help a community to build on its strengths and interests; are part of the Wellbeing Exeter programme, and employed by Exeter Community Initiatives.

NEWCOURT DADS & TODDLERS

1st Saturday of the month

9am-10.30am

Newcourt Community Centre



£3 per family

More information:

Jon 07719 923831

run by Newcourt dads

once-a-month opportunity for dads to spend time with your children (0-4) over a breakfast bap & meet other dads

Announcing: Newcourt Events' Group

Saturday 19th January

Drop in **between 10 & 12noon.**

FREE REFRESHMENTS!

Would you like more

community events? like: •

Halloween Party • barn dance •

bingo • family film night. Could

you help run an event? Contact:

judy.cretney@talktalk.net

The Autumn of my parenting

by Joanne King

I'm in the park. It's Autumn. The leaves - though some are green and hanging on - most are brown and fallen down.

I look around at the other parents. Not one like me.

Some are laughing and laughing with toddlers and shushing newborns. *Spring.*

Some play footie with big kids and tell them off for shoes not put on properly. *Summer.*

I sit in the October sunshine, reading a book, barely glancing over at my teens and tweens. *Autumn.*

I'm three-quarters there and all the 'wanting time to hurry up'

and pain and frustration and tears and tiredness are fading and now I know, this time is going, going, going.

I never thought I'd feel this way after the struggle that parenting has been for me.

I thought I'd be glad when they all grew up and I could have my life back.

I didn't know this life with them was making me a new me.

A me that I prefer. A me that I would choose to be.

I look at them and love them.

And I never want Christmas to come.

Trinity School

Trinity CofE Primary and Nursery school is now officially open, and although the new pupils have been with us for a short amount of time, they have achieved so much.

At Trinity school, we strive to create a happy, safe and inspiring community where our young people can develop and grow up to be confident, caring and well-rounded individuals with the skills to continue to be life-long learners and global citizens that make a difference to our world.

From friendships and playtimes; routines and reading, everything at our school is linked to learning, whether the children realise it!

Teaching children to read, write and have an understanding in mathematics is crucial, but it is not the whole picture. Nurturing the spiritual, moral, emotional and social part of a child is just as important: some researchers would say it is more important.

The Church of England's vision for education aims to address this balance for all children.

This is achieved, not by forcing them to believe in a single faith, but by instilling in them an understanding that everyone is loved, valued and accepted - no matter what their cultural, religious or sexual orientation.

Through our school's Christian vision and values, we want to educate our pupils to make informed decisions about all faiths and none; and not be afraid to ask big questions about the 'wows' and 'ows' in life, no matter how difficult the answers may be, so they are equipped to make their own choices.

Over the last year, our staff and governing body have been developing our vision and values. Although these values come from the Bible, they are universal, and

can be recognised by all, whether you follow a faith or not.

They are: Joy, Compassion, Forgiveness, Generosity, Responsibility and Courage. We look forward to how these values will shape our pupils to become fantastic ambassadors for the school, the community and beyond.

Newcourt Community, thank you for your continued patience and support.

Owen Wilder *Headteacher*

www.trinityprimaryexeter.co.uk



Photo by neale@aeroplanviews.co.uk

IKEA in the community

During the summer holidays, two very talented co-workers from IKEA Exeter ran a drop-in family art workshop at the Community Centre.



The workshop was very well attended, with parents and children working together, enjoying making a community collage.

Each person created an image of one aspect of the Newcourt Community, using paint, paper and other materials. The pictures were then fitted together to make a beautiful long collage - on the wall in the Green Room.

Congratulations and thanks to the budding artists who took part, Jacqui and Caroline from IKEA, and Newcourt resident, Judy for organising it.



Parking Update: Following feedback around visitors' parking, we have opened up the goods yard for co-workers' parking on busy weekends and peak periods. This frees up more parking spaces

for guests visiting the store. Since this has been introduced, we have seen a reduction in visitors parking on local roads.

Christmas at IKEA: Our wonderful, real, no-needle-drop Christmas Trees are now on sale in our store carpark. Come and have your pick of the bunch and grab the perfect tree for your home this Christmas.

Every tree is priced at **£25** and gets you a £20 IKEA gift voucher to use in the New Year.*

*Terms and Conditions apply, see website for details.

Monthly Arts Drop in Evening Newcourt Community Centre

Last Friday each month • 7pm-9pm

We need your ideas for

NEWCOURT'S FABRIC COLLAGE

If you like craft - knitting - sewing - felting
Bring your **PHOTOS** to be framed - *Devon coast & Newcourt wildlife.*

Newcourt poets: contribute your poems for
'**POETRY at NEWCOURT STATION**'

Email: judy.cretney@talktalk.net



Mini Broadband Update



Newcourt, including Holland Park (HP1), is mainly served by Openreach Cabinets: No 1 by the Community Centre and No 2 by Ikea. HP2, Seabrook Orchards and Regal Court are served by fibre to the home, as will the 20 new Persimmon apartments, via Fibrenext; and the 82 HP3 homes (on the golf practice ground) via Virgin Media.

Cabinet 2 has good availability, Cabinet 1 is reporting (since May) "high demand...working to increase capacity". We are advised that more fibre capacity is targeted for delivery by April 2019. Cabinet 2 users may have difficulty in switching to or between fibre service providers until then.

The Gigaclear fibre to the home target date, originally April-June 2019 has been delayed. A new date has yet to be scheduled.

As always, please let us know on newcourtca@gmail.com if you have any difficulties in obtaining broadband.

Thanks to Newcourt resident, Chris for keeping us updated.

STREET DANCING CLASSES

Newcourt Community Centre
on Wednesdays

3.45pm-4.45pm Age: 4-7 years

4.45pm-5.45pm Age: 8 and above
...during term time...

£2 per class includes drink.

Waiting list for both classes!

Please email judy.cretney@talktalk.net

Sponsored by CAN, NCA & DCH



NEWCOURT babies & toddlers



...a safe & friendly place to meet and play at the heart of our community

Wednesdays 10-11.30am

during term time • £1 per family

Newcourt Community Centre

For more information contact Judy

at judy.cretney@talktalk.net

organised & run by local parents

Men's Circuit Training



Thursdays

6.30pm - 7.30pm

Newcourt Community Centre

£3 per session

Contact John • 07930 348210

Community Arts Newcourt

Wednesday's popular street dancing classes for children are arranged by CAN, and subsidised by NCA and DCH.

Last year, CAN produced a Newcourt timeline with historic prints; maps; photo montages; photographs; old prints; and Newcourt House - painted by Pauline and printed on canvas by Paul - all displayed in the Community Centre. Come and see these photographs yourself!

Now we would like more residents' photographs framed for the community centre, and poetry to be posted at Newcourt Station.



Struggling with DEBT?

Money Saving Expert, Martin Lewis wholeheartedly recommends CAP to help people in debt. This is what he said on his visit to their HQ:



Martin Lewis with CAP founder, John Kirkby

"I'm delighted to be among true life savers. People think when you talk about saving lives and money, it's exaggeration; but finance is not some arcane bit of the accounts. It affects the roof over your head, it affects your relationships and whether you can talk and look after your children. It's one of the biggest causes of suicide and divorce in this country.

"Christians Against Poverty isn't about helping Christians, it's about helping people... The most important thing is the enormous number of results, and every time I mention Christians Against Poverty, I

get people who tell me how it's changed their lives.

"I, not as a member of your faith, will continue to support you with every ounce of being that I have, because you are doing good.

"I don't care whether you wear a Christian hat, a Jewish hat, an agnostic hat or a secular hat. If you are doing good, you should be lauded and supported, acclaimed and applauded and I will do all of those things."

For debt help, CALL CAP FREE on 0800 328 0006 or go to www.capdebthelp.org



Neighbourhood Policing - PCSO Anthony Keller

There have been recent burglaries to houses across Greenacres and Great Woodcote Park. Properties have been broken into, instead of the more usual insecure opportunist thefts and we believe are linked to the same offenders. **Please remain vigilant, reporting any suspicious activity via 999.** Keep valuable items out of view and utilise intruder alarms and CCTV systems where possible. Further advice can be found on our website.

We have been assisting IKEA

during their opening period and associated traffic concerns. This involved planning for 12000+ visitors every weekend during May and June, negotiating the added challenges of the two bank holidays, County Show and Exeter Chiefs' semi-final, whilst ensuring the strategic road network was not brought to a standstill.

We also took measures to ensure residential areas were not overburdened by excess parking issues. Apart from two occasions, parking has

been managed well. However, please be mindful that IKEA have no control of vehicles not on their land, and there are no parking controls on un-adopted roads. Adopted roads will soon be subject to a traffic order with restrictions enforced by Devon County Council parking officers.

www.devon-cornwall.police.uk



Newcourt Community Centre

The Centre is a great venue!

It is looking bright and attractive! It has been redecorated and there is a new security system operating with a doorbell that rings in the designated room. The gardens look neat too. Well done to the Centre team and residents who have done the work.

Newcourt News advertises a number of events run by residents on a non-commercial basis. There are some new events booked this season - including the WI that will begin in January. Check the website for details.

The Centre Manager, Hayley Toy, is keen to support new groups at the centre. If you are thinking of starting a new activity or group, have a good idea, or just want to book a room, phone **01392 873560** or email: info@newcourtcommunitycentre.com
To book, go to the tab 'Hire the Centre' on the website: www.newcourtcommunitycentre.com



Come and sing!

If you live here and love singing, you are warmly invited to come to the choir!

Don't worry if you can't read music, or have never sung in a choir before. There's no audition. We sing 'easy-listening' songs, and even won a Charity Sing-Off five years' ago. **It's fun!**

Rehearsals are on **Wednesdays 8pm till 9.30pm** during term time in **The Orangery, the MS Centre, Clyst Heath EX2 7EY**

Interested? Contact John **07930 348210**



DIGBY and NEWCOURT COMMUNITY CHOIR



River Plate/Omaha Drive corner UPDATE

Devon County Council are taking the residents' petition about this corner seriously. They are working on a revised design and will discuss it in the January HATOC* meeting.

"There's nothing easy about real forgiveness... When you want so much to carry out vengeful actions but you refuse them in an effort to forgive, it hurts. Why? Instead of making the other person suffer, you're absorbing the cost yourself ... true forgiveness always entails suffering."

Tim Keller



Co-cars car club has a network of zero/low emission cars across the South West and two in Newcourt - a Renault Zoe in Albatross Road a Toyota Yaris on Kings Avenue.

The **Zoe** (electric) range is up to 190 miles. Comfortable and quiet, it's great fun to drive. Residential hire rate is £4.75 per hour or £34 per day with **free** mileage, as long as the Co-cars' on-site charger is used.

The Yaris (hybrid) costs £4.25 per hour or £30 per day, plus 18p per mile. All Co-cars hire costs include fuel, insurance, breakdown cover, road tax and maintenance.

Residential Co-cars membership is only £25 per year, covers up to two people per household and gives you access to any car in the network. To join, complete the online application form at www.co-cars.co.uk/join.

When you have signed up, one of our team will give you an induction, so you'll feel completely comfortable with how to use our cars. And, if you do encounter any problems when you're out and about, our 24/7 customer service team is there to help you. To find out more, visit www.co-cars.co.uk

Co-cars also run Co-bikes, Exeter's electric bike scheme

*Highways And Traffic Orders Committee

HEALTH

NHS Direct Tel: **111** www.nhsdirect.nhs.uk
Devon Doctors (on-call) 0845 671 0270
Glasshouse Lane Medical Centre, EX2 7BT 874646
Topsham Surgery, Holman Way, Topsham, EX3 0EN 874646
topshamadmin@nhs.net
www.topshamsurgery.gpsurgery.net
Pharmacy: Countess Wear 877000 and Topsham 873063

EXETER CITY COUNCIL www.exeter.gov.uk
Environmental Health Issues/ ASB/Fly Tipping /Dog fouling/Recycling 665024 **Abandoned vehicles** 265147
Graffiti/Wheelie Bins (missed collections) 665010
Bin collections <https://exeter.gov.uk/bins-and-recycling/bin-collections/when-is-my-bin-collected/>
Abandoned Tesco Trolleys (Exe Vale Store) 0800 505555

POLICE/PCSO EMERGENCY 999
(non-urgent/Force Enquiry Centre) 101 101@dc.police.uk
Textphone **18001 101** for hard of hearing/speech impaired

DEVELOPERS Barratt/David Wilson Homes 826750; Bloor 875556; Heritage 822066; Persimmon 252541

DEVON & CORNWALL HOUSING Call-Centre 03001 238080
Community Development Worker - Lesley Browne 814433
lesley.browne@dchgroup.com

CITY COUNCILLORS:
Rob Newby - 676471 cllr.rob.newby@exeter.gov.uk
Catherine Pierce 07580 647999
cllr.catherine.pierce@exeter.gov.uk

DEVON COUNTY COUNCILLOR **Andrew Leadbetter** 876322
M: 07815 967989 andrew.leadbetter@devon.gov.uk

MP Rt Hon Sir Hugo Swire MP
hugo.swire.mp@parliament.uk

LOCAL FACILITIES
Topsham Library www.devon.gov.uk/topsham_library
Recycling at Tesco, Glasshouse Lane, Pinhoe, Marsh Barton
Glasshouse Lane shops - One-stop, Post Office, 'chippy', MS charity shop, hairdresser
Digby Retail Park - incl. Tesco, PC World/Currys, Halfords, KFC, Costa, Pizza Hut, Pets at Home, B&M, Sports Direct, Tapi Carpets & Carpet Right.
Aldi Exeter Road, Topsham



St Bridget Nurseries

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<http://www.stbridgetnurseries.co.uk/>

The NCA thank Mrs Flinn at St Bridget & Rita at Plantsman's Café for their support.

ESTUARY LEAGUE OF FRIENDS

working to improve the quality of life of those in need of care, comfort and support in the community. providing services to help you lead an independent and active life; support at home; a hand with shopping; or a chance to get out and meet new friends.
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We can collect. Everything must be in good, clean condition; electrical items in working order; upholstered items must have fire labels stating compliance with 1988 (or later) Furniture Reg.
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Want advice?
Your local Health Visiting Team are available 9-5pm weekdays.
For advice and information or to book a Health Visitor phone **03332 341902** or text using our Chat Health service **07520 631721**

LEGS BUMS & TUMS!

Newcourt Community Centre
Thursday 10 January
7.45pm

New weekly class!!
First class **£1**. Then **£5**.
Contact: **Laura Salt**
07540 188561
lauramolenpt@gmail.com

HEALTHY BABY DROP-IN CLINIC

Newcourt Community Centre

Mondays 10-11am
Self-weigh scales -
Community Health Worker
Last entry 10.45am



Advertising: Newcourt residents who run a local business can advertise in Newcourt News for £7.50 (small); £15 (large). Non-resident business £15 (small); £30 (large). Charities free. Circulation 1600 homes. Contact newcourtca@gmail.com *NCA cannot guarantee or endorse services advertised*



WestHeat 

Andy Parkinson
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 E: andy@westheat.net
www.westheat.net




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choices
 Pregnancy Centre - Exeter

Pregnant & worried?
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 **www.theIslandTrust.org.uk**

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CAP