

Edition 17



NEWCOURT NEWS December 2020

**For residents of: Great Woodcote Park • Greenacres • Holland Park •
Old Rydon Lane (east) • Old Rydon Ley • Regal Court • Rydon Lawns •
Rydon Place • Seabrook Orchards • The Fairways • The Green • The Rydons**

From the Chairman



December 2020

Dear Newcourt resident

Welcome to this edition of *Newcourt News*! Especially if you have moved in recently.

It's been a tough year. Like many others in Newcourt, I was made redundant in September and had to consider what remained important. I decided on a new career with the NHS and am now on my journey towards being a paramedic.

Newcourt has changed: with the arrival of SPAR - a great addition! - with more new homes nearing completion in Seabrook Orchards (next to Trinity School); and The Green, Holland Park. You'll find an update on planning permission for Bovis Homes on page 11.

Almost all community-run activities had to stop, both at the Community Centre and outside. (See the back cover for contact details.) But one activity that started at the beginning of lockdown in March was a foodbank collection point, run by Seabrook Orchards' residents. You could be a part of this too - see below.

NCA Trustees have been working out how to maintain the Community Centre as, with no events, business meetings, parties, or activities, there is no money coming in. If you'd like to take part in that conversation, have any ideas, or perhaps you are keen to know the likely direction of our community services, get in touch.

I want to pay tribute to Ken Cretney, who is stepping down on 31st December after seven years as NCA treasurer. David and Yvonne Russell are also stepping down as trustees, both having served on the operations team to support the Community Centre; and Yvonne having given invaluable secretarial support. Many thanks to you all.

We have a new Community Builder, Tina, see page 4. Newcourt Mutual Aid is working, and NHS volunteer services are here to support those in need. Several residents are helping as NHS volunteers (including me!). You may be able to do that too? <https://nhsvolunteerresponders.org.uk/>

With the pandemic, the Council has had to prioritise emergency issues, affecting road adoption and street lighting.

And of course, we were unable to hold the NCA Annual General Meeting in April. This will be scheduled when we can do so safely. Please get in contact if there is something urgent or anything else you would like to raise. Communication is so important.

A healthy community only works when people like you and me take initiatives - whether small or big - whether that's saying 'Hello' to someone you pass in the street; offering to help with mutual aid; picking up litter; phoning a neighbour to see if they are OK; helping a neighbour with a task; or applying to join the team of NCA Trustees.

With you, I am hoping that restrictions will be relaxed this month but whatever happens, stay safe, and reach out if you need help.

With best wishes for this Christmas season

Richard

NCA Chairman
trustees@newcourtca.org.uk

Helping Local People in Crisis

Over 90% of the food distributed by foodbanks is donated by the public - that's why food donations are absolutely vital to give everyone referred a balanced and nutritious 3-day supply of food.

A successful Exeter Food Bank collection point has been run in Seabrook Orchards throughout the pandemic. It will continue over coming months.

If you would like to make a donation, please drop off at 15 Dart Avenue (the main road into the development). No need to ring the bell just leave your donation



outside the front door.

Please note that only in-date, non-perishable food can be accepted. The priorities change each month.

Current priorities are: Cereal; sponge puddings; tinned potatoes; noodle/pasta snacks; rice pudding; biscuits; jam/spreads; pasta sauce; toothpaste/toothbrushes. An updated list can be found at: <https://exeter.foodbank.org.uk/give-help/donate-food/>

Our front cover photograph was taken by Jon-Paul Hedge.



A bright, frosty morning view of Trinity School, with Seabrook Orchards' houses behind.

Newcourt Community Association is an affiliation of residents who want to help make Newcourt a great place to live. And if you live here, you qualify to be part of it!

NCA Trustees:

Richard Whittaker *Chairman*
Paul Brady • Stephen Collier
Judy Cretney • Jonathan Draper
Emma Kain • Yvonne Russell
Christina Thomas

NCA **Officers:** Ken Cretney *Treasurer*
Yvonne Russell *Secretary*

To contact Trustees:
trustees@newcourtca.org.uk

Newcourt Community Association (CIO)

newcourtca@gmail.com
www.newcourtca.org.uk
Facebook • Newcourt Community •
Seabrook Orchards Community

Newcourt Community Centre

Bookings: 01392 873560
info@newcourtcommunitycentre.com
www.newcourtcommunitycentre.com
F • Newcourt Community Centre

Newcourt News Editor: Kate Arkell

This edition funded from Cllr Andrew Leadbetter's locality budget

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We have a SHOP!

'We've waited long enough for this!' has been a common comment from residents entering the doors of SPAR for the first time.

The Newcourt store opened at the end of September and has eleven staff, eight of whom live in Newcourt.

Apart from staples like bread and milk, one surprising item that has needed to be re-ordered several times is Henry Weston Vintage Cider. The Cook brand of frozen meals are selling well too.

The main delivery lorries visit



the store three times a week, and chilled deliveries arrive every day except Sunday.

SPAR's assistant manager, Chelsea says, 'What you buy will affect what we stock, so if you haven't visited us yet, come along!'

SPAR is open from 6am till 10pm every day, with the busiest times between 3pm & 5pm and 7pm & 9pm.

Use it or lose it!

FOOD BOOST



YMCA have invested in our community with Café Thursday. Here's a chance to help them in their work with local young people. YMCA are providing young people with hot nutritious meals. Check it out at:

www.ymcaexeter.org.uk/i-would-like-to-help/donate
01392 410530

"Those who are not looking for happiness are the most likely to find it, because those who are searching forget that the surest way to be happy is to seek happiness for others."

Martin Luther King

Newcourt Mutual Aid

Newcourt Mutual Aid was set up in the first lockdown for anyone needing help with prescriptions, shopping, or regular phone calls...and is still here.

Residents came forward to help with this. Others covered the rota for messages received from phone calls and emails, and some became street

coordinators. If this was you - Many Thanks!

A lot of residents were wonderfully helped by their neighbours and friends without calling Newcourt Mutual Aid.

If you have moved to Newcourt recently and need help, but don't know anyone here, or you just need help, please get in touch!

Leave a message 01392 248615
messages@newcourtca.org.uk



NEWCOURT GAZEBO GROUP! Supporting each other during the pandemic

At the Gazebo in the carpark behind the Community Centre

Drop in for a free cuppa and support each other (socially distanced)

Wednesdays from 11am-12.30pm

For Families with children

Residents with a first baby, a new baby, toddlers ... older children, or parents just finding it all too much ...

Fridays from 1pm-2.30pm
For Residents without children

Newcomers to Newcourt, residents without family or friends nearby, or just finding it all too much...

Limited to 15 adults

For more details email

judy.cretney@outlook.com

An idea for a radical Christmas gift...

3 billion people do not have any hand-washing facilities and soap in their home.

Tippy Taps are cheap, easy to construct and can be made with locally-sourced materials:

- several sticks
 - string
 - soap
 - a container for the water
- The device is operated with a



foot lever, which significantly reduces the chance for diseases to be spread - as the user only touches a bar of soap, supported by a string.

Tippy Taps don't just improve people's access to clean water, they empower people to build, maintain and use the taps. People have a sense of ownership over them which means that the taps won't fall into disrepair.

These brilliant taps are being used effectively around the world in developing countries where water, sanitation and hygiene infrastructures are poor or non-existent. They are used outside homes, schools and toilets. Many organisations - like WaterAid, Tearfund - are teaching how to make them.

The first version of the Tippy-Tap was made 30 years ago by Dr



Jim Watt, a Salvation Army doctor working in Chiweshe, Zimbabwe. He came up with a novel idea of converting the common gourd or calabash into a handwashing device, which came to be known as 'Mukombe'.

Why not consider giving a different Christmas present this year - one that will radically change a families' life? **Twin your tap** and help a family and a community in a needy country.

<https://www.toilettwinning.org/tap-twinning/>

Newcourt WI

3rd Monday 7.30pm - 9.30pm
ON ZOOM

plus Craft group, Book Group and irregular other activities.

If you don't do Zoom, we issue a monthly newsletter to keep in touch - by phone or in person.

New members welcome!

More information
phone Angela - 873948 or email
newcourt@devonwi.org.uk

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Hello! I'm Tina Lawton -
Community Builder for
Newcourt & Countess
Wear.

My role is to be

present in the neighbourhood, meet people, listen to your stories, encourage start-ups and connections that benefit the community.

If you live, work or volunteer in Newcourt, I would like to hear your story of what you do,

or what has happened that you enjoyed, or new ideas you might have for Newcourt.

You can contact me on:
FB: Tina Lawton (Countess Wear & Newcourt)
Mob: 07902 119083
E: newcourtcw@gmail.com

Beginning on 1st December, Trinity Church is hosting a life-size Advent Calendar trail with support from both Clyst Heath & Trinity Schools.

Join in the countdown to Christmas with a new part of the Christmas story being revealed each day in a window of a different house. There's a reward for everyone who joins in.

There are three trails: one in houses nearest to Trinity School; another in houses between the Community Centre and IKEA; and a third round Digby.

Look for the new window each day, or have a fun ADVENTure finding them all on Christmas Eve! Or you could do a weekend activity following the other trails further from where you live.



Scan the QR code to get the clues for the venue of each day's window or go to Trinity Facebook page; mark yourself as 'Going' to this event, 'like' and 'follow', then check in for clues.

Each day, a short family-friendly video will tell the Christmas story.

Make the most of a very unusual

Christmas by joining in this safe, community fun way to celebrate the countdown to Jesus' birth.

Lifting people out of debt and poverty -

Free local debt counselling from award winning charity



Around the UK, thousands of families have already been released from the pressure of debt through a combination of advice, financial education, budgeting and insolvency services from CAP.

CAP EXETER says: "Our heart is to reach families in Exeter who are living with un-manageable debt, and share God's love with them. We have all the resources of the Bradford head office to call on - it is they who organise a budget for the client to follow, deal with creditors and manage bill payments.

"Debt coaches visit clients in their homes and support them until they are debt free: a service that is completely free to clients."

phone 0800 328 0006 for an appointment

WANTED!! Do you have a vision for this community? Could you give some time to help as a Trustee? The NCA is an affiliation of residents who want to work together to make this community a great place to live. Talk to Richard at trustees@newcourtca.org.uk (There are funds available to support new programmes for the community.)



Stay well this winter

Winter conditions can be bad for our health, especially for over 65s, and those with long-term health conditions. But there are things you can do to stay well.

Covid-19 If you have any of the main symptoms - • *high temperature* • *a new, continuous cough* • *loss or change to your sense of smell or taste* - **get tested** as soon as possible and follow latest guidance on isolation while you wait for the result.

Flu Flu can lead to serious complications (like pneumonia) and can be deadly. That's why the flu jab is now FREE for 50's and over, and those with long-term health conditions: not too late if you haven't had one yet! Contact your GP or pharmacist. Remember, a flu jab can't give you flu.

Keep warm Keeping warm can help prevent colds, flu and more serious health problems (heart attacks, pneumonia and depression).

- Home heating at least to 18°C
- Keep your bedroom window closed on winter nights
- Keep active when you're indoors
- Wear several layers of light clothes
- Ensure you get the help you're entitled to, including grants & benefits. See ¹
- Check heating and cooking appliances are safe

Look after your mental health

It's been a tough year. Keep active and keep in touch with friends and family. Contact your GP practice if you've been feeling anxious or low for a while. Check in with your neighbours, especially those living alone.

Access the health care you need Don't delay! Depending on your symptoms, you can get advice from your local pharmacy, GP practice or NHS 111 - phone or go online at 111.nhs.uk

To find out more see <https://www.nhs.uk/live-well/healthy-body/keep-warm-keep-well/>

Dr Emma Kain (resident & NCA trustee)

¹ www.simpleenergyadvice.org.uk

¹ www.gov.uk/browse/benefits/heating

What exactly IS Newcourt?

Newcourt gets its name from the Georgian *Newcourt House*, and subsequently from the Newcourt Plan, drawn up by Exeter City Council in 2010.

Newcourt covers the area previously used as a Royal Naval Supply Depot during World War II; farm land; and what was Exeter Golf & Country Club's practice ground.

Different developers have purchased sections of this land and called them by their own 'working' names. (These are listed on the front cover.)

The section north of the Community Centre has been built on by Persimmon, David Wilson Homes, Barratt, Charles Church

and Heritage Homes, and includes Old Rydon Ley.

Newcourt's southwest section was developed by Persimmon, and Bloor continues to build homes in the southeast quarter - in Seabrook Orchards. These sections all make up Newcourt.



Bounded by the A379, Topsham Road, and the M5, Newcourt also includes IKEA and Sandy Park, the new hotel and the old St Bridget Nurseries site, but not west on Old Rydon Lane. The Sea Brook flows right through Newcourt.

choices

Pregnancy Centre: Exeter

07826 715377

choicespregnancyexeter@gmail.com

Choices gave me a breath of air instead of an air of panic.

It was a relief to know my anxiety was normal, you welcomed me and didn't delve, you just let me speak and you listened.

Choices is an Exeter based charity that offers you a safe place to talk about any concerns you have relating to pregnancy. Our team of dedicated advisors have been specifically trained.

We adhere to the BACP (British Association for Counselling & Psychotherapy) code of ethics and practice.

Exeter Chiefs

Exeter Chiefs are ready to roll once again as they prepare for the defence of their Premiership and European titles.

In what was the toughest season to date for the Devonians, hopes are high that Rob Baxter's side can build on their double delight when they kick-off their 2020/21 season on Friday 20th November.

Covid-19 restrictions mean Sandy Park will again be without supporters for the start of the campaign, but there is a real belief that, come the New Year the famous match-day atmosphere will be back in some form or another.

Away from the field, work on the £35 million pound **Sandy Park Hotel** continues apace and the project remains on course to be completed by late 2021.

Work began on the 250-bed,

eight-storey development in mid-January, and since then the rise of the new complex has really started to take shape, including a new drainage pipe under the M5, the ring beam foundations, as well as the major steelworks.

"Over these next few months, people will see the true scale and size of the hotel development. The work itself is progressing as planned and a lot has happened already since we did the initial turf-cutting in January. I'm pleased to say that we remain on plan to have the hotel open in late 2021 and that the project is still within budget."



In addition to housing 250 bedrooms, the hotel on Old Rydon Lane will provide leisure facilities on the entry floor, including a lounge, a snack and coffee bar, as well as a purpose-built business centre. Also included in the designs, which have now been finalised, is a rooftop cocktail bar, together with a Fish & Steak restaurant that boasts picturesque views down the River Exe Estuary and towards Torbay.

Mark Stevens
Media & Communications Officer

See hotel build progressing at www.sandypark.co.uk/hotel/hotel-webcam

A light in the darkness

With permission from Resort Marketing



Portland Bill

The news that Christmas brings is of a hope that is 'sure and certain, an anchor for the soul'.¹

800 years before Jesus was born, the prophet Isaiah said, 'The people walking in darkness have seen a great light; on those living in the land of deep darkness, a light has dawned'.²

At last! Light in the darkness of human sorrow and sin. Jesus - whose birth we celebrate at Christmas - brought God's light and truth into the world, and showed us the way to connect with God. Through Jesus, the God who was invisible could be seen, and the God who can seem so distant to us is now knowable.

For centuries, people have discovered real and lasting hope. Jesus doesn't just show us what God is like; he came to bring us to God. For those who trust him, there is a certain future which not even death can take away.

This year, even after 'Christmas' is over, the Light of the World is still here. 'The light shines in the darkness and the darkness has not overcome it'.³

Wishing you a very happy Christmas.

Jonny

Vicar

Trinity Church

www.trinityexeter.com



¹ Hebrews 6:19 •

² Isaiah 9:2 • ³ John 1:5



It's been a dark year for humanity. The global Covid-19 pandemic has meant limitation, isolation and frustration.

Exams cancelled, supermarket shelves empty, gyms shut and jobs lost. The virus has brought suffering, sadness and loss. It can all seem so gloomy and depressing.

So where can we look for hope? You may have found hope in following the Chiefs through their glorious Premiership and European Cup Finals victories? Or by spending lockdown on DIY? Or bingeing on Netflix for some escapism?! Or maybe you are hoping for a happy Christmas - despite the restrictions?

Keep up with Trinity Church's Christmas events via QR code, or at www.trinityexeter.com/christmas

Estuary League of Friends is working to improve the quality of life of those in need of care, comfort and support in the Community:

providing services to help you lead an independent active life; support at home; a hand with shopping; or a chance to get out and make new friends.

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Staying in or going out?

What do you do ... when the things that attracted you to your partner at the beginning of your relationship start to get on your very last nerve?

We all know that in those early days they could do no wrong - every irritating habit overlooked; every strange decision brushed off. But when you've been together three, seven or even twelve years, the seemingly incompatible differences loom large and can dominate the tone of the relationship.

But what if this was not the time to work out who was right and who was wrong? What if we were on the same side - not opposing each other? What if you could capitalise on your differences, instead of just 'coping' with them?

My husband and I are very different. For example, he likes a nice quiet evening, I love having people over or going out.

Instead of seeing those traits as incompatible, we think about how we can learn from each other. With his influence, I am less exhausted as I allow him to temper down my 'fast-paced, may-burn-out-at-any-moment' existence; and with my influence, he enjoys socialising more and is thankful that I do the arranging.

What are the things that are different about you and your partner? How can you capitalise on those differences and look at them in a fresh way, instead of allowing them to be a stumbling block for your relationship?

Jo and her husband are one of the couples featured on Toucan



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Courage is what it takes to stand up and speak; it's also what it takes to sit down and listen. *Winston Churchill*

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Christians in Newcourt
An informal affiliation of Christians from different churches, who **live** in Newcourt, **love** it and **pray** for it!
We initiate community events like **Carols on the Green** and **Carols at IKEA**. In non-Covid times, we meet up occasionally for some nosh together.

contact Alex on **875933** or email christiansinnewcourt@gmail.com

Community Arts Newcourt (CAN)

CAN exists to create sustainable art, and help Newcourt residents (both adults and children) share and acquire skills.

Regular groups in 'normal times' include the monthly Friday Arts' Evening (pottery; drawing workshop; silk painting); weekly children's Street Dancing classes; and Pebble Painting in the holidays for children.

Please get in touch, if you have any other ideas for arty stuff, especially in these 'weird' times, or if you would like to be on the mailing list for CAN.
judy.cretney@talktalk.net

Earlier this year, in February half term, Northcott Young Company and CAN worked on 'A Play in Two Days', with drama sessions for 8s to 12s and a taster session for the 5 to 7s. This was very



popular, and the young people had a great time.

More drama sessions were planned for November, but due to lockdown were not possible. Hopefully these will go ahead next year in February half term or Easter.

CAN is supported and subsidised by Newcourt Community Association



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Advertising: Newcourt residents who run a local business can advertise in Newcourt News for £7.50 (small); £15 (large). Costs for non-resident business/organisations - £15 (small); £30 (large). Circulation 1500 homes and rising! Contact newcourtca@gmail.com *NCA cannot guarantee or endorse services advertised*

JUST ANOTHER BABY?

We don't think so!

Pop in for all things baby!

- Pushchairs • Car Seats •
- Furniture • Bedding •

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www.justanotherbaby.co.uk
 01392 693000
 (near The Blue Ball Pub)

We're still open for Click and Collect, and home delivery.

Due to the country-wide lockdown in England, we had to close our England stores from Thursday 5th November.

However, we want to reassure you that we are still there to support you with those ever-changing needs at home, through our contactless Click and collect and online home delivery services.

If you need additional help and support with your purchase, you can make use of our free online planning services.

Click and Collect time slots:
Monday-Saturday: 08:00 - 20:00
Sunday: 10:00 - 16:00

CHRISTMAS TREE OFFER
 *Buy a Christmas tree from IKEA for £29 between 22nd November and 24th December and receive a £20 voucher, which can be redeemed in a participating IKEA store between 18th January 2021 and 14th February 2021.

For store re-opening date, check our website www.IKEA.com

PartyLite with Kayleigh



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Kayleigh **07712 101976**

Are you on the circulation list for Newcourt residents e-News?

If not, email newcourtca@gmail.com

FRIENDS OF TRINITY SCHOOL FoTS

The pandemic has meant many of our fundraising events can't happen. So we need your support more than ever to provide those extras that the children enjoy.

For just **£1 a week** you can help us fundraise for our wonderful school by joining the Trinity School Lottery.

There's a Trinity School winner every week - the more people who play, the bigger the prize. Plus you could win the weekly national prize of £25,000!

Find out more and join by visiting www.yourschoollottery.co.uk and search for 'Friends of Trinity School'.
Jo Wilson FoTS

Neighbourhood Alert

PROTECT YOUR Pa\$SW0Rd in 3 easy steps

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STEP 2
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STEP 3
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To find out more about how to do each step, visit our Password Protection page on our website.
<https://www.ourwatch.org.uk/passwords>

Taking those 3 easy steps will go a long way to protecting yourself online, we want to protect not just you but your whole community!

Spread the word and help protect your family, friends, colleagues and neighbours by sharing these 3 easy steps with 3 others.

Also, register for Devon & Cornwall Alert emails at <https://alerts.dc.police.uk/>

Well done, Trinity School!

The school has grown this term and now has 238 children. The staff team has increased to 38.

In mid-October, Trinity School was visited by two OFSTED inspectors. The aim of the visit was to see how well the school has managed the return of pupils to full time education since lockdown.

During the visit, the inspectors praised the Senior Leadership Team for their open, passionate and professional contributions. This helped the inspectors to collect rich evidence on how the school has safely and effectively managed the full re-opening to all pupils since September.

The subsequent letter from OFSTED reported on their positive visit and the validation that Trinity School is safe, compliant and effective in the full re-opening. The letter also confirms the comprehensive 'Character' curriculum is being delivered for all pupils. Due to the type of visit, the letter is brief in its summary.

However, the verbal feedback received from the inspectors was extremely complimentary, with both HMI leads commenting on how well the team presented the evidence and answered the questions with confidence.

Owen Wilder says: 'We should be very proud of our achievements throughout these challenging months. This visit provides some positive recognition from OFSTED that we are making a real difference for pupils, parents and staff at Trinity.'



Owen Wilder

Thank you to all the team for pulling together and achieving this recognition for the hard work and dedication everyone at Trinity puts in to making our school a lovely place to work and learn.'

Trinity Primary School,
Vernon Crescent, EX2 7GB
01392 790151
www.trinityprimaryexeter.co.uk

Houses behind IKEA

Note from
The
Planning
Officer
November 2020



“The Council will be refusing the housing application by Vistry Homes (formerly Bovis Homes) under delegated power, shortly.

“Council planning officers recommend that the scheme was unacceptable in terms of design and layout, particularly in respect of the provision of open space and multi-use games area (MUGA).

“Members unanimously agreed with this recommendation and supported refusal of the application without the need for it to be reported to Planning Committee.

“Following refusal, the developer has the option of submitting an amended scheme to address the reasons for refusal, or appealing against the decision.”

Exeter Community Energy
Healthy Homes for Wellbeing

Do you want lower energy bills?
Do you struggle to heat your home?

Free telephone energy advice
Arrange a free home visit if you're eligible

healthyhomes@ecoe.org.uk 0800 772 3617
www.ecoe.org.uk/healthy-homes-wellbeing

LEAP

Newcourt Community Centre

Check the website for the latest situation with regard to booking the venue, and re-starting community events. See also activity contact details on the back cover.

www.newcourtcommunitycentre.com

01392 873560



Helpful contacts

HEALTH NHS Direct Tel: 111 www.nhsdirect.nhs.uk

Devon Doctors (on-call) 0845 671 0270

Glasshouse Lane Medical Centre, EX2 7BT 874646

Topsham Surgery, Holman Way, EX3 0EN 874646

topshamadmin@nhs.net

www.topshamsurgery.gpsurgery.net

Pharmacy: Countess Wear 877000 and Topsham 873063

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POLICE/PCSO EMERGENCY 999

Report (not emergency): phone 101 or better to email - www.devon-cornwall.police.uk/contact/

DEVELOPERS Bloor 875556; Heritage 822066;

Persimmon 252541; Barratt/David Wilson Homes 826750; Bovis 956001

DEVON COUNTY COUNCILLOR & CITY COUNCILLOR

Andrew Leadbetter 876322 M: 07815 967989

andrew.leadbetter@devon.gov.uk

CITY COUNCILLORS

Rob Newby - 676471 cldr.rob.newby@exeter.gov.uk

Keith Sparkes 07786 621204

cldr.keith.sparkes@exeter.gov.uk

MP Simon Jupp simon.jupp.mp@parliament.uk
0207 219 2639

LIVE WEST Call-Centre 03001 238080

Community Development Worker - Lesley Browne 814433
lesley.browne@livewest.co.uk

LOCAL FACILITIES

SPAR Blakeslee Drive/Omaha Drive

Aldi Exeter Road, Topsham

Digby Retail Park - incl. Tesco, PC World/Currys, Halfords, KFC, Costa, Pets at Home, B&M, Sports Direct, Tapi Carpets & Carpet Right.

Abandoned Tesco Trolleys (Exe Vale Store) 0800 505555

Glasshouse Lane shops - One-stop, Post Office, 'chippy', MS charity shop, hairdresser

IKEA Abandoned Ikea trolleys 02036 450000

Recycling Tesco/Glasshouse Lane/Pinhoe/Marsh Barton

Topsham Library www.devon.gov.uk/topsham_library

Trinity Church www.trinityexeter.com

Trinity Primary School Vernon Crescent, EX2 7GB

admin@trinityprimaryexeter.co.uk

Friends of Trinity School www.pta-events.co.uk/fots

Community events & activities...

THESE EVENTS ARE HAPPENING!

MONDAY

9.30-11am at NCC. Family focus & self weigh for mums. Community Health Worker. **CHECK IT IS HAPPENING BEFORE YOU GO**

MONDAY

3rd Monday of the month.
7.30-9.30pm Newcourt WI on ZOOM . see page 4
Angela 873948

WEDNESDAY

8-9pm Digby & Newcourt Community Choir.
Choir catch up via ZOOM.
John 07930 348210

WEDNESDAY

11am-12.30pm Newcourt Gazebo Group for parents, babies & young children.
See page 3
judy.cretney@outlook.com

FRIDAY

1-2.30pm Newcourt Gazebo Group for residents without children. See page 3.
judy.cretney@outlook.com

THESE EVENTS ARE NOT HAPPENING AT PRESENT
contact organiser for more information when regulations are lifted

WEDNESDAY

10am-11.30pm Newcourt Babies & Toddlers. parents, babies & young children. Run by local parents judy.cretney@talktalk.com

THURSDAY

10am-12noon Café Thursday run by YMCA. 410530

THURSDAY

6.30-7.30pm Men's Circuit Training
John 07930 348210

FRIDAY

Last Friday of the month. **7-9pm** Newcourt Arts Evening. judy.cretney@talktalk.net

WEDNESDAY

8-9.30pm Digby & Newcourt Community Choir at MS Centre. John 07930 348210

THURSDAY

3.45-5.45pm Street Dancing (2 classes)
judy.cretney@outlook.com

FRIDAY

9.30-11.30am Coffee Club for senior citizens.
Maureen 875110

SATURDAY

Last Saturday of the month. **11am-12.30pm** Community Litter Pick.
judy.cretney@talktalk.net

