

# Summer 2020



## Edition 16

# NEWCOURT NEWS

For residents of:  
Great Woodcote Park  
Greenacres  
Holland Park  
Old Rydon Lane (east)  
Old Rydon Ley  
Rydon Lawns  
Rydon Place  
Seabrook Orchards  
The Fairways  
The Green  
The Rydons



In this edition: New houses in Newcourt • Trinity School • Sandy Park Hotel • IKEA • local businesses can help you • Newcourt Mutual-Aid • Face masks • Traybake recipe

## From the Chairman



difference to Newcourt, like Trinity School - our community primary school, the YMCA and Trinity Church.

You will find a list of community events on page 3 with contact information. I would love to hear about any activities that you are participating in or would like to see organised, supported or represented here!

Newcourt is the area defined by the Newcourt Master Plan - drawn up by the Council in 2010 (see map) and will eventually have over 3000 homes. There are about 1500 now and this is rising steadily, with four areas being developed at the moment: Heritage Homes on the golf practice ground; Bloor Homes in



Seabrook Orchard; Sandy Park Hotel on Old Rydon Lane; and Bovis planning to build in Ikea Way.

I'm sure that you, like me, are looking forward to the easing of lockdown and social distancing in the weeks to come.

With best wishes

Richard *NCA Chairman*  
[trustees@newcourtca.org.uk](mailto:trustees@newcourtca.org.uk)

Newcourt Community Association is an affiliation of residents who want to help make Newcourt a great place to live. And if you live here, you qualify to be part of it!

The NCA is a charity (CIO).

NCA Trustees:

Richard Whittaker  
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NCA Officers:

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To contact Trustees:  
[trustees@newcourtca.org.uk](mailto:trustees@newcourtca.org.uk)

**Newcourt Community Association (CIO)**

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**Newcourt Community Centre**

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F • Newcourt Community Centre

Newcourt News Editor:  
Kate Arkell

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**Newcourt Community Centre 01392 873560**

"The centre has been closed since the middle of March, but we have been getting ready for the time when it is safe to welcome you back. We have an excellent plan in place which aims to ensure that social distancing, hygiene and safety are paramount.

If the government guidance allows, **we hope to open in early July for some activities**. We are really looking forward to being able to do things together as a community after this difficult time."

Centre Manager, Hayley Denham [www.newcourtcommunitycentre.com](http://www.newcourtcommunitycentre.com)

If you are not receiving regular Newcourt e-News, sign up TODAY!











[newcourtca@gmail.com](mailto:newcourtca@gmail.com)

For updates, news & information relevant to living in Newcourt



# Regular community events ...

...are NOT happening as we go to print due to Covid-19. To find out if, when and how each event is starting again, contact the relevant person. *Check for updates on these groups in Newcourt e-News, Newcourt Facebook Group and Newcourt noticeboards*

Day		Time	Activity and venue	Contact/Run by
MONDAY		9.30-11am At NCC	Family focus & self-weight Drop-in Clinic	Community Health Worker
MONDAY 3rd in month	The WI	7-30-9.30pm At NCC	<b>Newcourt WI - NCC</b> First 3 meetings free before deciding to become a member	newcourt@ devonwi.org.uk
WEDNES- DAY		10-11.30am At NCC	<b>NEWCOURT BABIES &amp; TODDLERS</b> £1 per family	Run by local parents judy. cretney@talktalk.net
WEDNES- DAY		At NCC 3.45-4.45pm 4.45-5.45pm	Street Dancing Classes age 4-7 age 7+	judy.cretney @talktalk.net
WEDNES- DAY		8pm-9.30pm at MS Centre	<b>Digby &amp; Newcourt Community Choir</b> Clyst Heath EX2 7EY	No auditions! John 07930 348210
THURSDAY		10am -12noon At NCC	<b>Café Thursday</b> run by YMCA Free refreshments, IT, games, crafts, job support, kids area	Children must be accompanied by an adult 01392 410530
THURSDAY		6.30-7.30pm At NCC	<b>MEN'S CIRCUIT TRAINING</b>	John 07930 348210
FRIDAY		9.30 -11.30am At NCC	<b>COFFEE CLUB</b> - senior citizens £1.50. Occasional speakers. Weekly raffle (50p)	
FRIDAY last in month		7pm-9pm At NCC	<b>Newcourt Arts Evening</b> Painting, pottery, posters, photographs	judy.cretney @talktalk.net
SATURDAY 1st in month		9am-10.30am At NCC	<b>Newcourt Dads &amp; Toddlers</b> For dads & 0-4 yr olds. Breakfast baps, coffee.	Run by Newcourt dads Jon 07719 923831 £3 per family
SATURDAY last in mth		11am-12.30pm	<b>Community Litter Pick</b> meet outside NCC 11am	judy.cretney @talktalk.net
SUNDAY		9-10.15am  6.30-7.45pm	<b>Trinity Church</b> meets at Trinity School, Vernon Crescent <b>Trinity Church</b> meets at NCC	Services on Trinity Youtube channel www.trinityexeter.com

**Advertising:** Newcourt residents who run a local business can advertise in Newcourt News for £7.50 (small); £15 (large). Costs for non-resident business/organisations - £15 (small); £30 (large). Circulation 1500 homes and rising! Contact [newcourtca@gmail.com](mailto:newcourtca@gmail.com) NCA cannot guarantee or endorse services advertised

## APRICOT & ALMOND TRAYBAKE

### Ingredients

About 18-20 dried or 10 fresh apricots  
(soak dried apricots in boiling water first)  
225g caster sugar  
4 large free range eggs  
240ml olive oil  
1 teaspoon almond extract  
2 tablespoons plain, natural yoghurt  
250g self-raising flour  
1 teaspoon baking powder  
Zest of orange



(can be frozen)

Instead of apricots, try pear & vanilla,  
raspberry & almond; or blackberry & rosewater

### Method

- 1 Pre-heat the oven to 180°C or 160°C fan. Line a rectangular baking tray with baking paper, overlapping the sides (this helps to lift traybake out).
- 2 Beat the caster sugar and eggs for 5 minutes, until pale and creamy.
- 3 Gradually pour the oil and almond extract into the mixture beating continuously. Add the orange zest and yoghurt. Mix together well.
- 4 Sift in the flour and baking powder a little at a time, and gently fold with a metal spoon until all is thoroughly combined.

- 5 Pour the cake mixture carefully into the tray. Drain the dried apricots and arrange in lines, (to make it easier to cut up), or fresh ones halved, just on the surface of the mixture, (so they don't sink to the bottom).
- 6 Bake in pre-heated oven for 40-45 minutes, or until a thin skewer or tooth pick comes out clean when inserted into the centre of the cake.
- 7 Lift the traybake out carefully still on the baking paper sheet. Using a serrated knife, gently cut the traybake into about 18 portions. Drizzle melted white chocolate over the slices.
- 8 Enjoy!

Judy Cretney

## Newcourt Mutual Aid

From January 2020 the Covid 19 virus swept west across Europe, giving us a clear warning of things to come. The UK government began encouraging us to wash our hands properly and stop shaking hands.

To reduce the potential severe impact of the virus, the lockdown was imposed on 23<sup>rd</sup> March.

In the weeks before lockdown, it became clear that life was going to change for us all, and potentially to become much more difficult for many in our community.

In March, a small group of NCA Trustees and concerned residents 'met' - via phone and video conferencing - to discuss what assistance we could organise for struggling Newcourt residents.

Our concern for those

experiencing difficulty with food shopping, collecting medicines or risking becoming socially isolated, led us to set up a mutual aid group.

The aim: to connect neighbours via a 'Streets Together' initiative, using social media, and a telephone messaging service manned by a core of volunteers.

In order to coordinate and deliver help safely, we compiled guidance for our volunteers, based on reputable sources

**...so many small acts of kindness really can change life for the better.**

of information.

We also knew we needed to be sensitive to some residents' fears that our 'helpful' actions

might inadvertently contribute to the spread of the virus.

We would like to say a huge **thank-you** to all those who have helped to meet the needs of fellow residents of Newcourt - so many small acts of kindness really can change life for the better.

Nick Postlethwaite

Leave a message • 01392 248615 • Covid-19 email • [messages@newcourtca.org.uk](mailto:messages@newcourtca.org.uk)



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*Lifting people out of debt and poverty*

*Free debt counselling in Exeter from an award winning charity*

## Neville's story

"We had a low income. Three kids at home. The money we had, we had to give them so they could get the bus to college and school. We gave all the money to them.

"We couldn't keep up. We fell behind in our repayments. I had a really bad breakdown. All the debts were in my name. I thought, 'If I wasn't here, no-one could touch the family.'

"We picked up the phone to CAP. Sally came, and told us

what CAP can do for us. They take over for you.

"We didn't have to worry about letters, or phone calls. CAP were in charge.

"Now we are debt free. I'll never forget

what they have done for me. I'm getting on better with my family, and I am very, very happy indeed. God bless CAP."

*"CAP are unsurpassed when it comes to the debt help they give people across the country. There's nothing better to start you on the path to having more money in your pocket."*

**Martin Lewis: money saving expert**

## If you are struggling with debt, phone **0800 328 0006** for an appointment.

Around the country, thousands of families have already been released from the pressure of debt through a combination of advice, financial education, budgeting and insolvency services from CAP.

CAP EXETER says: *"Our heart is to reach families in Exeter who are living with un-manageable debt and share God's love with them. We have all the resources of the Bradford head office to call on - it is they who organise a budget*

*for the client to follow, deal with creditors and manage bill payments. Debt coaches visit clients in their homes and support them until they are debt free: a service that is completely free to clients."*

**Hello! from YMCA Exeter and the Newcourt Café Thursday Team**



We miss welcoming you to our Café Thursday each week, and when it is safe to do so, we shall be re-opening Café Thursday to the Newcourt community.

We are looking at how we can run the café differently and keep it welcoming and safe for us all. As soon as we can start again we will advertise this. In the meantime, for Joyfest (spreading joy in the community), YMCA Exeter are going to do a few things which may be of interest.

Rather than spoil the surprise now, look out for little things of thoughtfulness and joy around the community towards the end of June.

Head to the 'Community Response' page <https://www.ymcaexeter.org.uk/covid-19-information/> to download free children's activities and mental health resources.

## CAN YOU HELP ??

### NCA TREASURER Role Vacancy

*approximately 1-2 hours per month. Includes:*

- **Liaison with NCC Finance Administrator & Manager** (including Audit monthly Payroll and bank transactions)
- **Attend meetings and monthly status reporting** to NCA Operations Committee & NCA Trustees
- **Annual preparation of NCC budgets, sales forecasts and monthly tracking.**
- **Preparation of End of Year Accounts for the Charity Commission** and liaison with external Auditor
- **Grants applications & liaison** with Exeter City Council, Devon County Council, etc.
- **Helpful** also if you have any experience of **QuickBooks Online**

**Please contact Ken**, current treasurer, with any questions [treasurer@newcourca.org.uk](mailto:treasurer@newcourca.org.uk)

## Wearing a Face mask

**Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.**

- **Mask should cover mouth and nose.** Make sure there are no gaps between your face and mask.
- **Avoid touching the mask while wearing it;** if you do, clean hands with alcohol-based hand-rub or soap and water.
- **Only handle the mask by the ties or loops.** Don't put the mask under your nose, under your chin or on your forehead

**Pattern for Face mask** <https://media.rainpos.com/220/jessemask.pdf>

**Tutorials on how to make Face Mask** <http://www.fabricpatch.net/face-masks-for-covid-19-relief.htm>



## Have you seen Avonline in Newcourt?

Avonline are laying fibre cables on behalf of Virgin

Media - mostly using the existing BT Openreach infrastructure - to provide fibre to every house in Newcourt.

You may have also seen some NEW GREY STREET BOXES appearing - these belong to Virgin Media and are part of the fibre network. This is in addition to BT Openreach's Fibre to the premises (FTTP) network that they have



also laid.

You should soon be able to order FTTP either through Virgin Media or via the already established Openreach network (you can find a list of providers that use the Openreach network on the online checker at [www.openreach.com](http://www.openreach.com)).

Order placement may be affected by the ongoing pandemic, as many companies are not taking on new orders right now that require a new installation.

Thank you to resident Paul Brady



## Andrew Leadbetter • Cabinet Member for

Adult Social Care & Health; Devon County Council & Councillor for Newcourt

It seems a long time since the National Emergency started and the Country went into lock-down. I trust you have managed to stay safe and well – and occupied!

I want to pay tribute to everybody who is involved in key worker positions – be that NHS, Care, Shops, Drivers, Council Services and many more - thank you, and I applaud you all!

In my role at Devon County Council I have been helping manage our response to the emergency. The modelling suggested that Devon could experience something like 6000 excess deaths (and the associated issues that go with that) – hence the need for many of the actions that were taken. We had to plan for a much worse scenario than actually happened: (i) Domiciliary Care Agencies being unable to provide care – so the prioritisation of need; (ii) hospitals being full –

hence the need to make space and plan additional accommodation; (iii) procurement of a temporary morgue capable of storing several thousand bodies – to name a few. So all the extra planning, work and expense needs to be viewed in this context.

We have managed very well in Devon. A few highlights include getting our hospitals down to 45% occupancy and no one waiting to be discharged! We managed the issues of PPE and the Council became the provider of last resort – offering supplies to any home or provider that was in danger of running out. We also had one of the lowest rates of Care Homes with Covid-19 outbreaks in the country.

I am proud to have announced that we have offered a new contract to our Domiciliary Care Providers that guarantees a minimum of £10/hour for care



workers. And we ran a very successful recruitment campaign to encourage people to enter this rewarding profession.

Devon is now one of the eleven Beacon Authorities asked to lead on the *Test, Track and Contain* policy to control the future spread of the virus. Although a second wave is by no means certain, we continue to plan for this – though I hope that, if we follow the current measures, we will avoid it.

Stay safe, and as we come out of lock-down, let us hope we can continue to enjoy some of the advantages - more family time, getting to know our neighbours, no daily commute, quieter roads, cleaner air and nature bouncing back – long may those continue.



**We are delighted to have re-opened IKEA Exeter store on June 1<sup>st</sup> and look forward to welcoming you, our neighbours back on your next visit.**

Of course, the safety of our customers and co-workers remains the highest priority, so we have been working hard to welcome you back safely. We've introduced new measures so you can enjoy a safe and comfortable shopping experience. These measures include:

### Social distance shopping

To ensure a safe shopping experience we ask that if you can, please shop alone. Only bring one other person from the same household if you need special assistance, or if you need to bring your children with you. There will be a queuing system outside to manage entry into the store.

### Extra cleaning and safety precautions

As you might expect, we'll be doing extra scrubbing, cleaning, and sterilising to make the whole store as safe as possible for you.

Hand sanitisers will be stationed throughout the store and new protective screens at key points.

### Cards not cash

We will only accept cashless payments to reduce the amount of contact between you and our co-workers. We have also installed protective screens at key points across the store including checkouts, to provide extra protection.



Our Småland crèche and restaurant remain closed for now, but our Bistro will be open for takeaways, and the Swedish Food Market will be open for all those Swedish favourites. For the latest news and information please visit [www.ikea.co.uk](http://www.ikea.co.uk)

Nick Earle  
Store Manager IKEA Exeter

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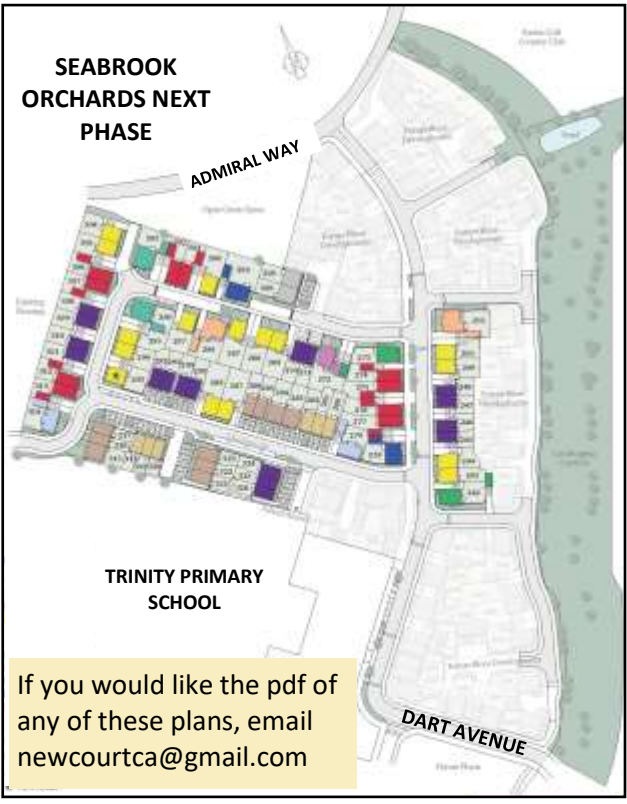
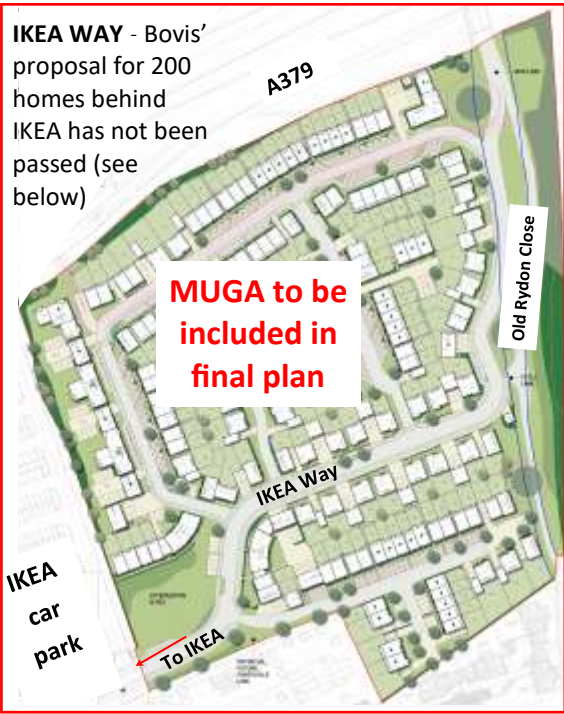


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The first question which the priest and the Levite asked was: 'If I stop to help this man, what will happen to me?' But... the good Samaritan reversed the question: 'If I do not stop to help this man, what will happen to him?' *Martin Luther King*

# Newcourt new builds



The Case Officer for the IKEA Way development says:

**“In respect of the Bovis development next to IKEA, no decision has been made. I have gone back to the agent as the layout proposed is unacceptable. I have asked them to ensure that the layout includes a Multi-Use-Games-Area (MUGA).”**

*Exeter City Council Planning Department  
9 June 2020*




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# Real hope...?

So how are you coping with the current restrictions after all these weeks? Who'd have guessed back at the turn of the year that we'd be in this situation?

Some of us will have looked ahead to being furloughed with eager anticipation of all the things we'd be able to do. Do we feel the same way now? Have all those jobs been done? Have *any* of those jobs been done?!

Others have been isolated alone at home and have found life really tough.

Still others of us will have been trying to balance work from home, looking after children and supervising schoolwork, and be longing for a return to normality. How are we feeling now? Exhausted, probably!

But some things continue as normal. The need to feel a sense of achievement; to feel that our lives matter; that we're part of a wider community (which is why clapping on Thursday evenings at 8pm for NHS and carers has been so positive); the need to feel that there's hope for the future.

At Trinity Church we have been streaming online services on YouTube so that we can still have a sense of community and remind ourselves that God isn't restricted, even if we are.

Why not go to YouTube, search for Trinity Church Exeter and check out the services?

As well as the church being a community, we believe that even in the most challenging times God offers us hope. Not just the hope that things will get better, but the confidence that we are not alone, that God knows our fears, and promises to help

all who come to him, who trust in him. Jesus said, "Come to me, all you who are struggling hard and carrying heavy loads, and I will give you rest." (Matthew 28:11)



**A sign of hope: Fire Lily after fire had ravaged the landscape in South Africa in February 2019**

If that's something you don't know, but would like to, then please get in touch and we'll be pleased to point you in the right direction and walk with you on that journey.

In the meantime, let's keep looking out for one another and being good neighbours for each other.

Jonny Elvin  
Vicar: Trinity Church  
[www.trinityexeter.com](http://www.trinityexeter.com)

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providing services to help you lead an independent active life; support at home; a hand with shopping; or a chance to get out and make new friends.

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**ESTUARY LEAGUE OF FRIENDS**

# Trinity School

Dear Newcourt Residents and Friends of Trinity School

It gives me great pleasure to share with you the positive news that Trinity school has once again re-opened its gates to some of our children.

The last ten weeks have been extremely challenging for everybody. Our parents, children and staff have all worked extremely hard together to make the best out of a difficult situation.

Where there has been so much uncertainty and anxiety, every-



body in our school community has strived to put our school values of joy, compassion,

courage, generosity, forgiveness and responsibility into action, both at school and at home.

As we begin to move towards a new normality and different way of working in school, it has been very encouraging to see how well our children

have settled back into school. They have shown the resilience and confidence that we have worked so hard to instil in them before lockdown began.

As Headteacher at Trinity

school, I feel really proud of how our school community has been a beacon of light and hope where there has been so much uncertainty. As we cautiously step forward, I am reassured by the love and support that we receive from our Newcourt community.



Thank you for your encouragement and support during this time.

Owen Wilder  
Headteacher

Vernon Crescent  
EX2 7GB  
01392 790151  
[www.trinityprimaryexeter.co.uk](http://www.trinityprimaryexeter.co.uk)

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*Groucho Marx*

Chase de Vere

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## Christians in Newcourt

Occasional get-togethers • could be lunch on a Sunday • a morning or evening prayer for our community - at the moment on zoom • or Sunday afternoon tea. If you live here, whatever church you go to, you would be very welcome.

contact Alex **875933** or email [christiansinnewcourt@gmail.com](mailto:christiansinnewcourt@gmail.com)

Pregnancy Centre: Exeter  
**07826 715377**  
[choicespregnancyexeter@gmail.com](mailto:choicespregnancyexeter@gmail.com)

Choices gave me a breath of air instead of an air of panic.

It was a relief to know my anxiety was normal, you welcomed me and didn't delve, you just let me speak and you listened.

Choices is an Exeter based charity that offers you a safe place to talk about any concerns you have relating to pregnancy. Our team of dedicated advisors have been specifically trained.

We adhere to the BACP (British Association for Counselling & Psychotherapy) code of ethics and practice.

# Sandy Park Hotel

## The new £35 million pound Sandy Park Hotel is progressing as planned,

according to Tony Rowe OBE, Exeter Rugby Club Chairman & Chief Executive.

Work on the state-of-the-art, 250-bed, eight-story development began in mid-January and continues apace, despite the current coronavirus outbreak.

Major groundworks, including the foundations and pilings have already been completed, as has a new drainage pipe under the M5, which will take rain water from Sandy Park Stadium and the hotel into the nearby River Clyst.

By the end of June, the ring beam foundations should also be finished. Then five months of steelworks will be erected, which will show the true scale of the hotel - the next stage in the development plans of Exeter's award-winning Sandy Park complex.

"Things are progressing well on the hotel, despite all that is

happening elsewhere," said Mr Rowe. "The money we set aside for the hotel was secured and ring-fenced long before Covid-19 and we won't be touching it.

"The work itself is progressing as planned. A lot has happened already since the initial turf-cutting in January. I'm pleased to say that we remain on plan to have the hotel open in late 2021 and that the project is still within budget."

In addition to 250 bedrooms, the hotel on Old Rydon Lane will provide leisure facilities on the entry floor, which includes a lounge, a snack and coffee bar, as well as a purpose-built business centre. There will also be a rooftop cocktail bar, together with a Fish & Steak



restaurant that boasts picturesque views down the River Exe Estuary towards Torbay.

"The design of everything has been finalised by a company in London. Many of the fittings we have chosen will be manufactured in Portugal and then fitted here by tradesmen from the West Country," continued Mr Rowe.

"Over these next few weeks and months, people will really see the hotel start to take shape - and that's fantastic news for all of us."

Mark Stevens • Media & Communications Officer, Sandy Park

See hotel build progressing at [www.sandypark.co.uk/hotel/hotel-webcam](http://www.sandypark.co.uk/hotel/hotel-webcam)

## Helpful contact details

**HEALTH NHS Direct** Tel: 111 [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)

**Devon Doctors** (on-call) 0845 671 0270

Glasshouse Lane Medical Centre, EX2 7BT 874646

Topsham Surgery, Holman Way, EX3 0EN 874646

[topshamadmin@nhs.net](mailto:topshamadmin@nhs.net)

[www.topshamsurgery.gpsurgery.net](http://www.topshamsurgery.gpsurgery.net)

**Pharmacy:** Countess Wear 877000 and Topsham 873063

**EXETER CITY COUNCIL** [www.exeter.gov.uk](http://www.exeter.gov.uk)

**Environmental Health Issues/ ASB/Fly Tipping /Dog fouling/Recycling** 665024 **Abandoned vehicles** 265147

**Graffiti/Bin collections** <https://exeter.gov.uk/bins-and-recycling/bin-collections/665010>

**Reporting discarded syringes:** <https://exeter.gov.uk/clean-safe-city/litter-rubbish/report-discarded-syringes/> - [cleansing@exeter.gov.uk](mailto:cleansing@exeter.gov.uk) 665010

**POLICE/PCSO EMERGENCY 999**

Report (not emergency): phone 101 or better to email - [www.devon-cornwall.police.uk/contact/](http://www.devon-cornwall.police.uk/contact/)

**DEVELOPERS** Bloor 875556; Heritage 822066;

Persimmon 252541; Barratt/David Wilson Homes 826750; Bovis 956001

**DEVON COUNTY COUNCILLOR & CITY COUNCILLOR**

**Andrew Leadbetter** 876322 M: 07815 967989

[andrew.leadbetter@devon.gov.uk](mailto:andrew.leadbetter@devon.gov.uk)

**CITY COUNCILLORS**

**Rob Newby** - 676471 [cllr.rob.newby@exeter.gov.uk](mailto:cllr.rob.newby@exeter.gov.uk)

**Keith Sparkes** 07786 621204

[cllr.keith.sparkes@exeter.gov.uk](mailto:cllr.keith.sparkes@exeter.gov.uk)

**MP Simon Jupp** [simon.jupp.mp@parliament.uk](mailto:simon.jupp.mp@parliament.uk)

0207 219 2639

**LIVE WEST** Call-Centre 03001 238080

Community Development Worker - Lesley Browne 814433

[lesley.browne@livewest.co.uk](mailto:lesley.browne@livewest.co.uk)

**LOCAL FACILITIES**

**Aldi** Exeter Road, Topsham

**Digby Retail Park** - incl. Tesco, PC World/Currys, Halfords, KFC, Costa, Pets at Home, B&M, Sports Direct, Tapi Carpets & Carpet Right.

**Abandoned Tesco Trolleys (Exe Vale Store)** 0800 505555

**Glasshouse Lane shops** - One-stop, Post Office, 'chippy', MS charity shop, hairdresser

**IKEA**

**Recycling** Tesco/Glasshouse Lane/Pinhoe/Marsh Barton

**Topsham Library** [www.devon.gov.uk/topsham\\_library](http://www.devon.gov.uk/topsham_library)

**Trinity Church** [www.trinityexeter.com](http://www.trinityexeter.com)

**Trinity Primary School** Vernon Crescent, EX2 7GB

[admin@trinityprimaryexeter.co.uk](mailto:admin@trinityprimaryexeter.co.uk)

**Friends of Trinity School** [www.pta-events.co.uk/fots](http://www.pta-events.co.uk/fots)



# Lockdown - it's not been all bad. Hear from some residents ...



"I've always been interested in crafting ...and at the beginning of this year, I got an embroidery machine. Throughout lockdown, I've been learning how to use it. I've made some truly stunning original designs for embroidered patches (accessories to sew onto clothes and bags) that I'm now selling online." Kara  
[www.gryphonwingcrafts.com](http://www.gryphonwingcrafts.com)

"We moved into Newcourt from the Isle of Wight last September and are thankful we had time, before lockdown, to make some friends here and in the church! Our daily walk has meant we've found some lovely parts locally we might never have found in 'normal times' - a real and unexpected journey of discovery!" Howard & Dawn

**Has lockdown got you thinking about starting your own business?**  
 Do you already run your own business but feel a bit stuck? I am trialling a new offer of support to self-employed individuals/small business owners. This will initially be a **FREE** consultation where you can talk through your ideas with somebody who is unbiased, and with experience in different sectors. For more information, email [leannegulvin@googlemail.com](mailto:leannegulvin@googlemail.com)

**Is your front garden featured on the front cover?**

*Photos of some Newcourt front gardens taken by Anthony Appleby, Kate Arkell & Pauline Lampshire*

"How lovely the gardens are looking on the estate! It is a delight to walk around with the dog. Well done everyone!"  
 Louise



BEE ORCHID discovered by a resident in one of the grassy areas in Holland Park

*Photographer: Nick Postlethwaite*



"Lockdown has allowed us to enjoy much more family time than we normally would have had. With no children's activities or sporting commitments, we have spent lots of time together, going on bike rides and walks and having fun in the garden. Spending all day every day together has been a real treat and we will remember this time fondly for many years to come."  
 Emily Delve

"When I saw Venice on TV at the beginning of lockdown, with the Grand Canal calm and clean, it reminded me of the oil painting I had done about four years ago. So thank you to the Italians in lockdown. I've had a passion for Venice since first visiting in the early 70s - would love to be there right now!"  
 Shirley French